



SENIORS OF THE GROVE OCTOBER UPDATES

Satin Dolls

Enjoy a Baked scrod, or better known as filet of cod with wild rice catered by Lynde Catering. After this delicious meal, then meet the Satin Dolls, St. Louis Park's senior tap dance group. For the past 22+ years, these women have been staying active, entertaining crowds and breaking down barriers. The group's 12 members range in age from 55 to 83 and come from throughout the west metro.

WHERE: Maple Grove Community Center

DATE: Thursday, October 15

TIME: Gather 11:30 a.m., lunch 12:00 p.m. with entertainment to follow.

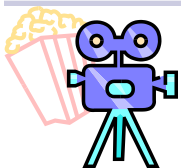
COST: \$10.00 **Code:** 53575

Register by October 12th

Pre-registration required:
internet, mail or in person

CONTACT INFORMATION

- Kris Orluck
763-494-6514
korluck@maplegrovern.gov
- Brenda Krapfl
763-494-6499
bkrapfl@maplegrovern.gov



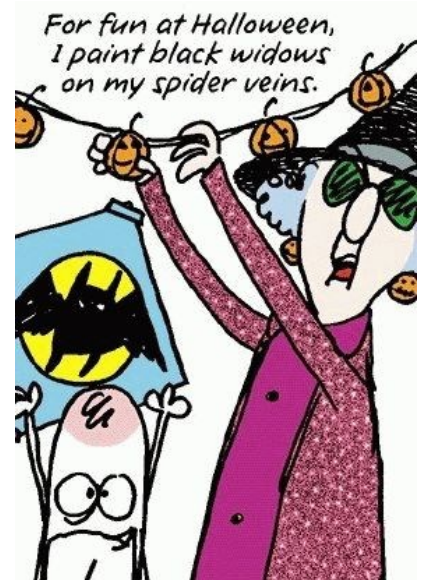
Monday Movies & Popcorn

All movies
are shown at
Arbor Lakes

Senior Living (12001 80th Ave N)
You must call Kris at 763-494-6514
or Brenda at 763-494-6499 for a
reservation.
Show times are 9:30 a.m. &
12:30 p.m.

**October 12—
The Longest Ride
(Scott Eastwood, Britt Robertson)
Drama, Romance**

**October 26—
The Second Best Exotic Marigold Hotel
(Judi Dench, Maggie Smith)
Comedy, Drama**



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UTILITY MAILING VOLUNTEERS NEEDED

Tuesday, October 6th at
9:30 a.m. at the Maple Grove Community Center

Flu Shots

October 1, 2015

On Thursday, October 1st from 2:00 p.m.—3:00 p.m. A pharmacist from Cub Pharmacy will be here to give flu shots. These are free of charge for any person 65 years old and above! **All you need to do is sign up with Kris or Brenda to secure your spot** and bring your Medicare insurance cards (Red, White and Blue card for Medicare Part B and Your Medicare Part D card).

Happy Feet

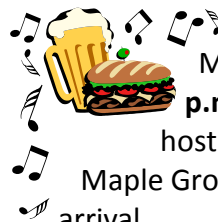


Routine feet care including a foot soak and massage - \$34.00.

2nd Thursday & 4th Monday monthly.

You MUST Call 763-560-5136 for an appointment.

LUNCH OUT



Meet at **12:30**

p.m. and tell the

hostess you are with

Maple Grove Seniors upon arrival.

October 12: Claddagh Irish Pub

Call Kris at 763-494-6514 by Friday, October 9th to RSVP and to reserve your seat.

Confused About Medicare?

Help is on the way if you need assistance with:

- ◆ Comparing various types of health insurance options.
- ◆ Sorting your medical and hospital bills.
- ◆ Figuring out

Medicare or insurance forms.

- ◆ Dealing with a problem with your health insurance.

Help is here to walk you through the Medicare Maze! Get help with understanding your supplemental options.

A health insurance counselor from Health Insurance

Help, a program of Senior Community Services, will be available by appointment on **Thursday, October 8.**

Call Kris, at least one week in advance, at 763-494-6514 to make an appointment .



REGULAR HAPPENINGS AT SENIORS OF THE GROVE



Mondays

- Knitting Group, 12:00 p.m.
- Cribbage, 1:00 p.m.

Tuesdays

- Hand & Foot, 9:00 a.m.
- Duplicate Bridge, 12:00 p.m.
- Pinochle, 6:30 p.m.

- Mexican Train, 1:00 p.m.
- Woodcarving, 12:30 p.m.

Wednesdays

- Social Bridge, 12:30 p.m.
- 1st & 3rd Wed. , Quilting, 9:30 a.m.
- 1st Wed. Book Club, 9:30 a.m.

Thursdays

- Mah Jong, 9:00 a.m.
- "500", 1:00 p.m.

Fridays

- Scrabble, 1:00 p.m.
- 2nd & 4th Fri., Bingo, 1:00 p.m.

Call Kris or Brenda with questions

Seniors: Grief, Loss, Transition and Downsizing

October 1, 2015

6:30 p.m.

Have you recently lost a loved one? Are you planning to retire or move to a smaller home? Do you want less stuff in your life? Topics will include: "How will I know when I'm ready?", "What Feelings might arise?" and "How do I do it my way?".

Call Kris at 763-494-6514 to RSVP.

Craft & Bake Sale

October 17, 2015

9:00 a.m.—3:00 p.m.

Woodland Mounds Sr. Apts.

Community Room

8377 Rice Lake Rd

Maple Grove, MN 55369

612-229-5155

Open to the public.



Meet the Pharmacist

Ryan Froelich of Cub Pharmacy

Wednesday, October 6, 2015

3:00 p.m.

It's cough & cold season, learn about remedies to help keep it at bay. What cold medicines you can take without interfering with other meds & more!

Call Kris at 763-494-6514 to RSVP.

Upcoming Classes at MGCC

Here is a sampling of programs. For more of the program details refer to the Parks & Recreation Brochure, or call Kris at 763-494-6514.

Great Decisions

Brazil's Metamorphosis

After economic troubles in the 1900s, Brazil has risen to new global prominence.

Wednesday, October 21

\$8.00 (Code 53514)

9:30am-11:30am

Classes in October

Navigating Medicare

Wednesday, October 7

6:30 p.m.—8:30 p.m.

\$10.00 (Code 53505)

Leaving a Legacy

Wednesday, October 14

10:00 a.m.—11:00 a.m. (Free)

Call Kris at 763-494-6514 to register.



iPhone & iPad

iPhone—Beginner

For the very beginner—learn how to use the phone. Understand settings, create messages and more...

October 14, 21 & 28

3:00 p.m.—4:30 p.m.

\$25.00

Code 54080

iPad—Beginner

For the novice user—learn the basics of using your iPad.

October 14, 21 & 28

6:00 p.m.—8:30 p.m.

\$25.00

Code 54081

More Classes in October

Make Up Boot Camp

7:00 p.m.—9:00 p.m.

\$29.00 (Code 53507)

Vertigo: When You World Is Spinning

Wednesday, October 28

1:30 p.m.—3:00 p.m. (Free)

Call Kris at 763-494-6514 to register.

Age Related Macular Degeneration

Thursday, October 1

9:30 a.m.—10:30 a.m. (Free)

Call Kris at 763-494-6514 to register.

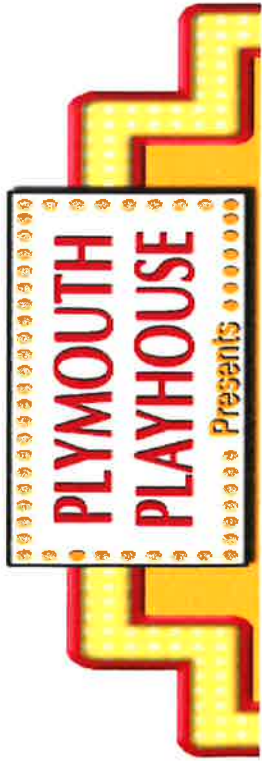
Cupcake Conversations

Wednesday, October 7

10:00 a.m. (Free)

Call Kris at 763-494-6514 to register.



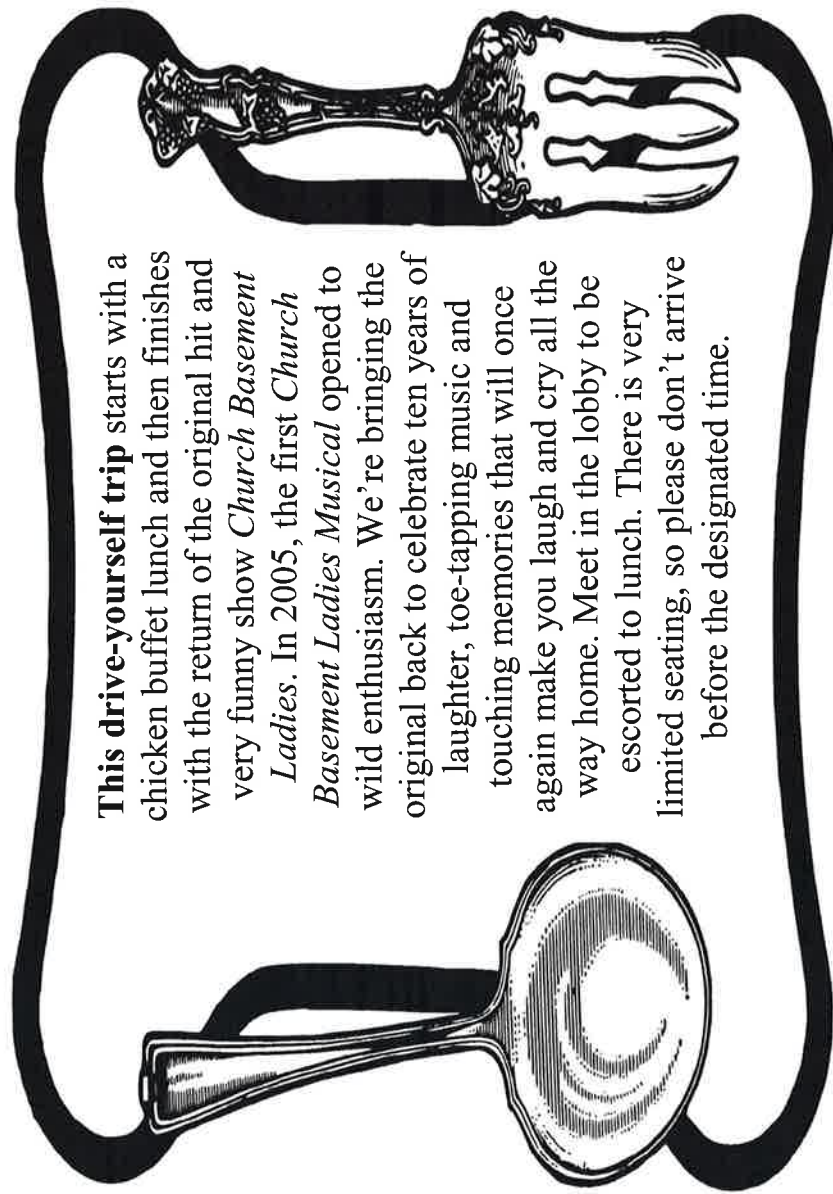


Join 55 Forward



YOU WON'T WANT TO MISS THE SHOW THAT STARTED IT ALL!

When:	Thursday, November 12, 2015
Where:	Plymouth Playhouse Theatre 2705 Annapolis Lane North Plymouth, MN 55441 Meet at 'Kelly Inn Hotel' lobby at 11:30 PM There is NO BUS!
Cost:	\$38.00 Includes show & meal
Last day to Reserve:	October 22, 2015



This drive-yourself trip starts with a chicken buffet lunch and then finishes with the return of the original hit and very funny show *Church Basement Ladies*. In 2005, the first *Church Basement Ladies Musical* opened to wild enthusiasm. We're bringing the original back to celebrate ten years of laughter, toe-tapping music and touching memories that will once again make you laugh and cry all the way home. Meet in the lobby to be escorted to lunch. There is very limited seating, so please don't arrive before the designated time.

Your matinee buffet will include; baked chicken, mashed potatoes, corn, coleslaw, jello, bread & butter, dessert, coffee or ice tea.

Drive Yourself!

Thursday, November 12, 2015
Church Basement Ladies/ Plymouth Playhouse

Code: 53077

Name _____ Telephone _____

Address _____

Number of Tickets _____ x \$38.00= _____ enclosed

Mail to: Maple Grove Parks & Rec., 12951 Weaver Lake Rd.,
Maple Grove, MN 55369

Questions? Kris, 763-494-6514 or Brenda, 763-494-6499

Join Fifty-five and Forward, as we take a
"Pure" Casino Trip to
St. Croix Casino & Hotel



It is NIFTY FIFTY DAY; receive an extra \$5.00 (or more!) to anyone 50 years or better! Try your luck at the various gaming opportunities that await you at St. Croix Casino! You can play slots or black jack whichever you prefer, or even some of both! The time is all yours today to win all you can! (4 hours at the casino)
When you arrive at the casino you will receive \$5.00 in slot play credits, + "kiosk swipe card" worth \$5 - \$50 if you are over 50 yrs. (Bring ID!)

DATE: Wednesday, November 18

TIME: Bus leaves Maple Grove

Community Center at 8:00 a.m., returns
approx. 3:00 p.m.

FEE: \$5.00 includes motor coach transportation

DEADLINE: Last day to register or cancel is: **November 11**

St. Croix Casino, Turtle Lake... Wednesday, November 18

CODE: 53871

Name _____ Telephone Number _____

Birth date** _____ TLC Number** _____

Address _____ e-mail _____

Number of people going _____ x \$5.00 = _____ enclosed

Mail to Maple Grove Parks & Rec. 12951 Weaver Lake Road, Maple Grove, MN 55369

****Casino requires this information on all attendees, use reverse side of registration if needed.**

***Special Registration Note:** When you register, you are asked to provide your TLC number or birthdate. When you provide this information you are giving Maple Grove Parks and Recreation permission to share your name, address, and birthdate (private data) with the casino. You are welcomed to sign up for the trip and decline to provide permission; however, doing so will eliminate your cash incentives.

Austin

Minnesota

Start the Holidays with a Happy Holiday Tour in Austin, Minnesota! Treat yourself to the Hormel Holiday Tea and Tour. Discover the **1871 Hormel Historic Home** stylishly decorated for the holiday and then experience a traditional holiday tea menu with seasonal entertainment. Next, stop at the **Austin ArtWorks Center**, a space to learn, create, display and perform in all artistic avenues.

While here, preserve this memorable day by creating your own holiday ornament to take home. Lunch can't get any better than the **Piggy Blue's Barbeque**, including a choice of *pork, chicken or beef brisket sandwich with baked beans, cole slaw, mild sauce and iced tea, coffee, or soda and then gelati for dessert*. Before heading home, explore the one of a kind **Nativity House** that displays over 850 complete nativity scenes from over 42 countries.



WELCOME!!

Friday, November 20, 2015
Code: 53078



Name _____
Telephone _____
Address _____

Number of Tickets _____ x \$59.00= _____ enclosed
Mail to: Maple Grove Parks & Rec.,
12951 Weaver Lake Rd., Maple Grove, MN 55369
Questions? Kris, 763-494-6514 or Brenda, 763-494-6499



**Please Mark
Food Choice**

- ☐ Pork Sandwich
☐ Chicken Sandwich
☐ Beef Brisket Sandwich

Friday, November 20, 2015

Bus leaves MGCC at 8:30 AM

Returns approx. 6:00 PM

Cost: \$59.00 Includes;
Tours, Ornament, Lunch,
Museum fee, motor coach

Last day to register is:
November 4, 2015

St Croix Off Broadway Dinner Theatre



"We listened transfixed and thus instantly became part of the radio studio audience...and the songs are outstanding, especially the choral arrangements of holiday classics like 'Deck the Halls,' 'Carol of the Bells,' and 'Silent Night.' What a lovely blending of voices in tight harmony."

— *The Amana Society Bulletin*

St. Croix Off Broadway Dinner Theatre at Hudson House Grand Hotel offers casual wholesome dining with the best that St. Croix Valley has to offer in musical theatre and comedy. Its Christmas Eve 1943, and the Feddington Players are now broadcasting from a hole-in-the-wall studio in Newark, NJ, and set to present their contemporary "take" on Dickens' "A Christmas Carol". Whether it's the noisy plumbing, missed cues, electrical blackouts, or the over-the-top theatrics of veteran actor, but radio novice, William St. Claire, this radio show is an entertaining excursion into the mayhem and madness of a live radio show. The show is propelled to a simultaneously comedic and heart-wrenching dramatic climax: St. Claire has an on-air breakdown, and begins to connect his own life with that of the classic Dickens' tale.

You can't help but grin and bear it with this radio routine!

Saturday, December 12, 2015	Bus leaves MGCC at 11:00 a.m. Returns approx. 4:00 p.m.	Cost: \$54.00 Includes: Show, Dinner and Motor Coach
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Last day to register: November 12, 2015

St Croix Dinner Theatre, Hudson, WI

Saturday, December 12, 2015

Code: 53085

Name _____ Telephone _____

Address _____

Email address _____

Number of Tickets ____ x \$54.00= ____ enclosed

Mail to: Maple Grove Parks & Rec., 12951 Weaver Lake Rd.,
Maple Grove, MN 55369

Questions? Kris, 763-494-6514 or Brenda, 763-494-6499



Fifty-Five Forward

ORDWAY

Rodgers
& Hammerstein's
The SOUND of MUSIC

Sunday,
December 27, 2015

Bus leaves MGCC at 1:00 p.m.

Returns approx. 5:30 p.m.

Area 2 Seating: \$91.00;

Code: 53068

Includes; Show ticket and Motor Coach

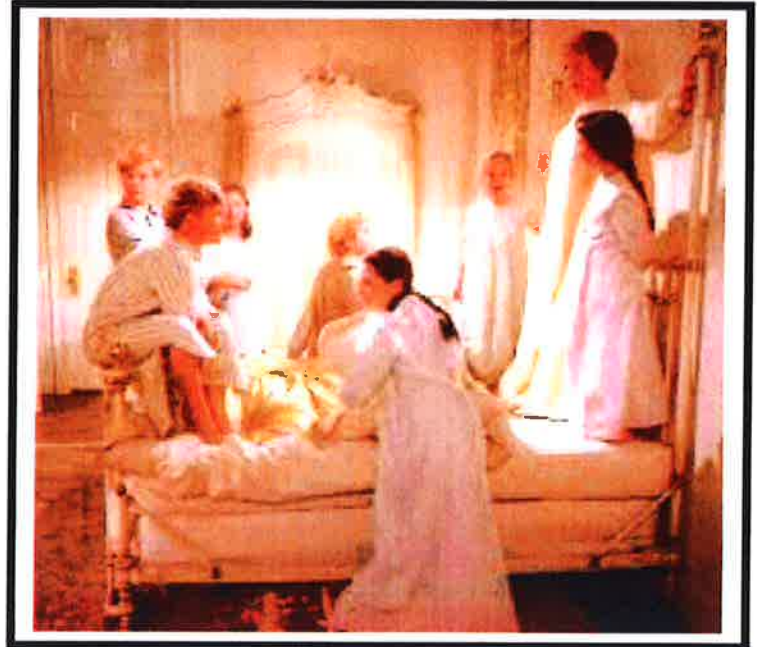
Area 4 Seating: \$64.00;

Code: 53054

Includes; Show ticket and Motor Coach

Last day to register is:

October 9, 2015



**This holiday season, the Ordway
is alive with the sounds of
Rodgers & Hammerstein's
beloved musical classic. Full of
iconic songs such as "My
Favorite Things," "Do Re Mi,"
and "Edelweiss," the timeless
story of Maria and the musical
Von Trapp family is a
blockbuster family event you
won't want to miss!**



**The Sound of Music at the Ordway
Sunday, December 27, 2015**

Name _____ Telephone _____
Address _____
Email Address _____

Number of Tickets _____ x \$91.00 = _____ enclosed Code: 53068 (Area 2 seating)

Number of Tickets _____ x \$64.00 = _____ enclosed Code: 53072 (Area 4 seating)

Mail to: Maple Grove Parks & Rec., 12951 Weaver Lake Rd., Maple Grove, MN 55369

Questions? Kris, 763-494-6514 or Brenda, 763-494-6499

October 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 8:00 Swim Fitness 9:00 Arthritis Swim 9:00 Mahjongg 9:30 Senior Matters 9:30 Macular Degeneration 12:00 ACBL Bridge 1:00 500 1 & 6 Oil Ptg	2 8:00 Arthritis Swim 9:30 Writing Group 1:00 Scrabble	3
4	8:00 Arthritis Swim 8:30 MHSRC Refresh 12:00 Knitters 1:00 Swim Fitness 6:00 Color Mixing	8:00 Swim Fitness 8:30 – 12 Tai Chi 9:00 Arthritis Swim 9:00 Hand & Foot 9:30 Utility Mailing 9:30 Studio 12:00 Dup. Bridge 12:30 Woodcarvers 1:00 Mexican Train 6:30 Pinochle	6 8:00 Swim Fitness 8:30 – 12 Tai Chi 9:00 Arthritis Swim 9:00 Hand & Foot 9:30 Utility Mailing 9:30 Studio 12:00 Dup. Bridge 12:30 Woodcarvers 1:00 Mexican Train 6:30 Pinochle	7 8:00 Swim Fitness 9:00 Crafters 9:00 Quilting 9:00 AARP Refresher 10:00 Cupcake Conversation 9 & 10 Strengthening 11:00 Chair Yoga 12:30 Bridge 6:00 Cake Decorating 6:30 Navigating Medicare	8 8:00 Swim Fitness 9:00 Happyfeet 9:00 Arthritis Swim 9:30 Senior Matters 9:45 Brunch Train Trip 12:00 ACBL Bridge 12:30 Insurance Help 1:00 500 1 & 6 Oil Ptg	10
11 11:30 “Glensheen & Forepaugh’s	8:00 Arthritis Swim 9:30 & 12:30 Movies 12:30 Lunch Out 12:00 Knitters 1:00 Swim Fitness 6:00 Color Mixing	8:00 Swim Fitness 8:30 – 12 Tai Chi 9:00 Arthritis Swim 9:00 Hand & Foot 12:00 Dup. Bridge 12:30 Woodcarvers 5:30 MHSRC Refresh 6:30 Pinochle 6:30 Social Sec. Plan	13 8:00 Swim Fitness 8:30 – 12 Tai Chi 9:00 Arthritis Swim 9:00 Hand & Foot 12:00 Dup. Bridge 12:30 Woodcarvers 5:30 MHSRC Refresh 6:30 Pinochle 6:30 Social Sec. Plan	14 8:00 Swim Fitness 9:30 Great Decisions 9 & 10 Strengthening 10:00 Leaving a Legacy 11:00 Chair Yoga 12:30 Bridge 6:00 5 Deadly Mistakes 6:00 Cake Decorating	15 8:00 Swim Fitness 9:00 Arthritis Swim 9:00 Mahjongg 9:30 Senior Matters 11:30 Lunch & Entertain 12:00 ACBL Bridge 1:00 500 1 & 6 Oil Ptg	17
18	8:00 Arthritis Swim 12:00 Knitters 1:00 Swim Fitness 6:00 Color Mixing	8:00 Swim Fitness 8:30 – 12 Tai Chi 9:00 Arthritis Swim 9:00 Hand & Foot 9:30 Studio 12:00 Dup. Bridge 1:00 Mexican Train 7:00 Make-Up Boot Camp 7:00 S.S Seminar	20 8:00 Swim Fitness 8:30 – 12 Tai Chi 9:00 Arthritis Swim 9:00 Hand & Foot 9:30 Studio 12:00 Dup. Bridge 1:00 Mexican Train 7:00 Make-Up Boot Camp 7:00 S.S Seminar	21 8:00 Swim Fitness 9:00 Crafters 9:00 Quilting 9 & 10 Strengthening 11:00 Chair Yoga 12:30 Bridge 6:00 5 Deadly Mistakes 6:00 Cake Decorating	22 8:00 Swim Fitness 9:00 Arthritis Swim 9:00 Mahjongg 12:00 Geritol Frolics Trip 1:00 500 1 & 6 Oil Ptg 4:00 Shibashi Tai Chi	24
25	8:00 Arthritis Swim 9:00 Happyfeet 9:30 & 12:30 Movies 12:00 Knitters 1:00 Swim Fitness 1:00 Indoor Pickleball 1:00 Watercolor	8:00 Swim Fitness 8:30 – 12 Tai Chi 9:00 Arthritis Swim 9:00 Hand & Foot 9:45 Sisters Swing Trip 12:00 Dup. Bridge 12:30 MHSRC Refresh 12:30 Woodcarvers 1:00 Mexican Train 6:30 Pinochle	27 8:00 Swim Fitness 8:30 – 12 Tai Chi 9:00 Arthritis Swim 9:00 Hand & Foot 9:45 Sisters Swing Trip 12:00 Dup. Bridge 12:30 MHSRC Refresh 12:30 Woodcarvers 1:00 Mexican Train 6:30 Pinochle	28 8:00 Swim Fitness 9:00 Crafters 9 & 10 Strengthening 11:00 Chair Yoga 12:30 Bridge 1:00 Swim Fitness 1:30 Vertigo	29 8:00 Swim Fitness 9:00 Arthritis Swim 9:00 Mahjongg 12:00 ACBL Bridge 1:00 500 1 & 6 Oil Ptg 4:00 Shibashi Tai Chi	31
				8:00 Swim Fitness 9:00 Arthritis Swim 9:00 Mahjongg 9:30 Senior Matters 9:30 Macular Degeneration 12:00 ACBL Bridge 1:00 500 1 & 6 Oil Ptg	8:00 Arthritis Swim 9:30 Writing Group 1:00 Scrabble	3